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Serving patients and the community

Lounge.Dental offers advanced dentistry for the whole family

Bright and welcoming, Lounge.Dental offers modern dentistry services in a warm, family-friendly atmosphere. The female-owned small business is conveniently located near Route 111 in the heart of Windham.

Dr. Emilia V. Vajda is a graduate of Tufts University School of Dental Medicine who has practiced dentistry for more than 10 years. She worked for more than five years in the United Kingdom before coming to the United States with her husband 12 years ago.

"We absolutely love this town," she says.

Dr. V — as her patients call her — is fully licensed in New Hampshire and Massachusetts. She strives to offer the latest advances in dental technology in a stress-free, relaxed environment.

Clients visiting Lounge.Dental are initially greeted by Heather, the fun and resourceful dental assistant, who has worked in the field for 14 years, teaming up with Dr. V. in 2017. The practice has recently expanded to add a periodontist to the staff, as well.

"Our core values are to serve the patient and the community," Dr V says.

After meeting with a client and conducting a comprehensive assessment, she develops an individualized plan that she regularly updates with recommendations for specific dental hygiene programs and preventative treatments along with recommendations for orthodontics, restorations, and gum and implant therapies, when needed. It's the ultimate in personalized care.

LOUNGE.DENTAL
- 1b Wall St., Unit 208, Windham
- 603-509-9478
- https://lounge.dental

Lounge.Dental offers a variety of smile-enhancing options from porcelain veneers, composite bonding and tooth whitening — using a state-of-the-art bleaching method developed by a dentist in California — to Invisalign treatment, smile design, bridges, and full and partial crowns. The practice manufactures and repairs implant crowns, as well.

Dr. V has a particular interest in CAD/CAM dentistry and has attended advanced postgraduate courses to bring this technology to her practice in Windham. She completed a postgraduate Implant Continuum at Columbia University College of Dentistry and strives to be at the forefront of the latest techniques the field has to offer. She's a strong believer in evidence-based dentistry.

"Show me the evidence or research, and I will stand behind it," she says.

The practice uses 3D digital scan technology to achieve higher-quality, more natural-looking — and less messy — restorations. An in-house ceramic studio means that crowns are made on site, eliminating the need for temporary caps or return visits. With these anti-abrasive and plaque-resistant restorations, damaged teeth can be quickly restored during the same visit.

Lounge.Dental believes good dental hygiene habits start early and welcomes children of all ages.

"We are here for the whole family," Dr. V says.

As forward-thinking and dynamic as the practice is, creating a pleasant and calming atmosphere is equally important. In designing the Windham office space prior to its opening in August 2021, Dr. V employed the services of other small businesses in the region, including local electricians, painters, plumbers, and cable and ceiling installers.

Decorated with a clean and calming color scheme, each exam room is enclosed for privacy. Those who wish may listen to their choice of music piped in via noise-canceling headphones.



Dr. V and Heather teamed up in 2017.



State-of-the-art technology for comfort, convenience and speed.

Dr. V takes special care to explain procedures step by step so her clients — no matter their age — can feel a sense of control over the process.

Lounge.Dental has plenty of free, on-site parking and is easily accessible. Because it's situated between Shaw's and CVS, it isn't unusual for a parent to drop a child off for a dental appointment and then go run a few errands while waiting.

Ultimately, Lounge.Dental seeks to provide families — and the whole community — with an easily viable way to obtain strong teeth and gums because "oral health is connected to the whole body," Dr. V says.

Appointments can be made by phone, text or online. No dental insurance? Not a problem.

With its state-of-the-art technology, highly trained and compassionate professionals, and friendly and inviting atmosphere, Lounge.Dental is changing the way people feel about making a dental appointment.

Or, as one client put it, "They make going to the dentist a pleasure."